HRDQ-U
IDEAS FOR LEARNING

The Trainer's COOKBOOK

Recipes for Learning Engagement Success

Presented by Marc Ratcliffe

About the presenter

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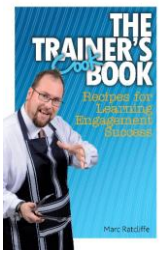


The Menu

- *Appetizer*
- *Main Meal*
- *Dessert*
- *Refreshments*
- *12+ ideas and activities to create engagement*
- *Questions/Extensions*

Poll

Where on earth are you?

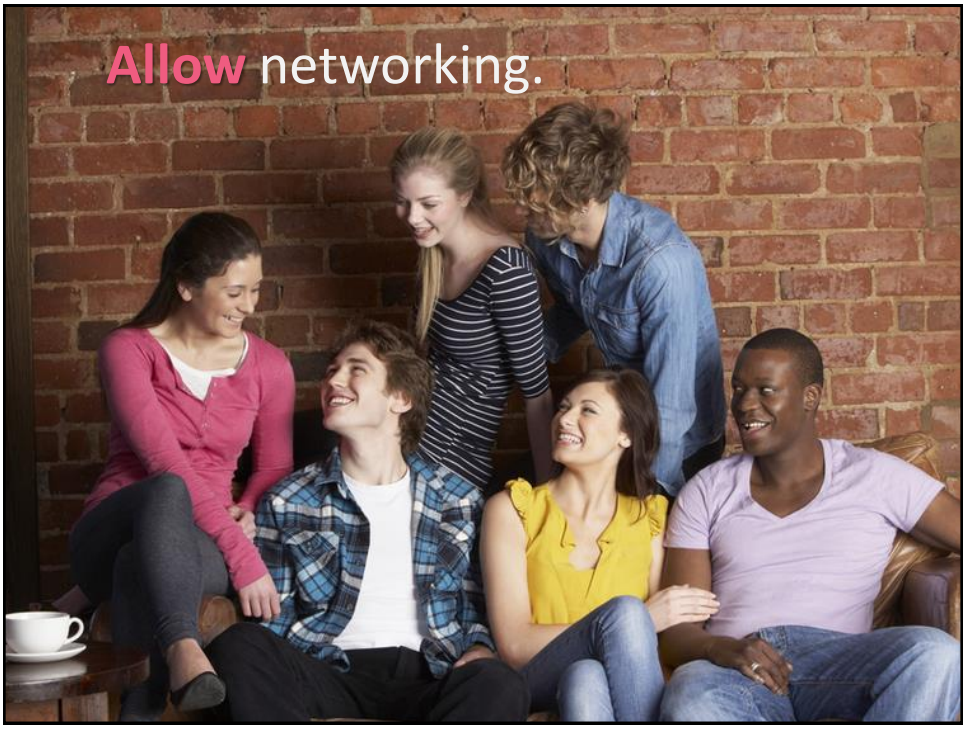
1. New England
2. Mid Atlantic
3. South/South West
4. Mid West
5. West

If you are outside of the USA, pop your location in the chat box.

What qualities could trainers learn from chefs?

Appetizer

Give them a TASTER



Poll

How often do you allow networking in your training?

1. Never
2. Sometimes
3. Often
4. All the time

Support Self-esteem.

Chat Question

How can we "tickle the curiosity" of our audience?

Food Passport

[Food] Passport

food: _____ (draw a picture, write a description, etc.) ☆☆☆☆☆	food: _____ (draw a picture, write a description, etc.) ☆☆☆☆☆
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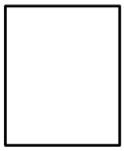
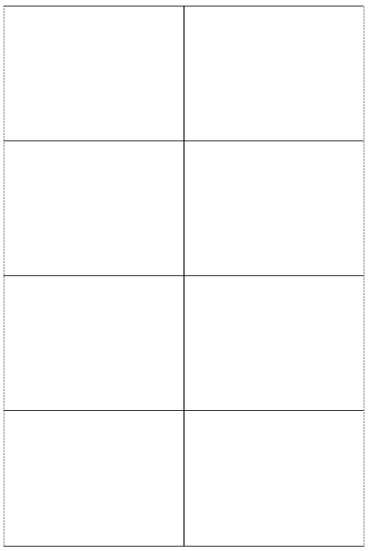


Name:

2 problems/issues I hope this training will solve	
1	
2	



Chat Question

How else could you use the Food Passport?

Make a Meal

Lettuce	Tomato
Onion	Apple
Pumpkin	Rice
Bread	Cheese
Chicken	Spaghetti
Salt	Pepper

Eggs	Pork Chops
Pineapple	Spinach
Capsicum	Lemon
Potato	Beef
Carrot	Olive Oil
Plum	Bacon

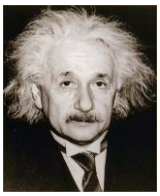
Chat Question

What variations could you make for this activity to work with Your own content?

Culinary Tour

"The only thing that interferes with my learning is my education."

- Albert Einstein



“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

- Maya Angelou

“For most of us the problem isn’t that we aim too high and fail - it’s just the opposite - we aim too low and succeed..”

- Sir Ken Robinson

Main Course

The Four E's to Learning

E*nergy*

E*nthusiasm*

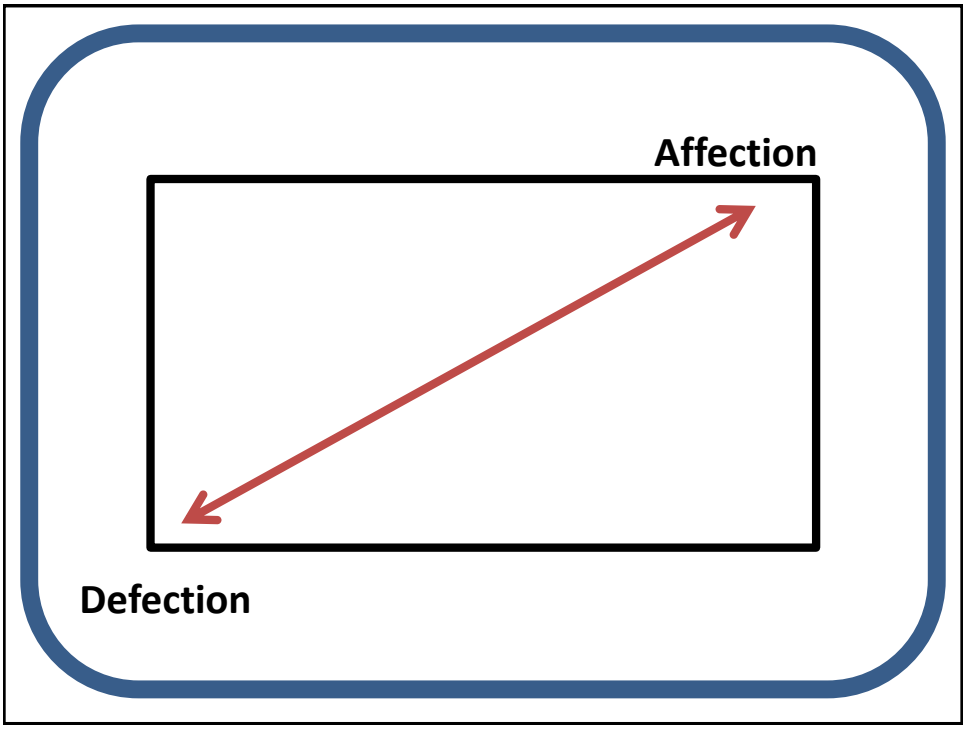
E*ngagement*

E*ntertainment*

Poll

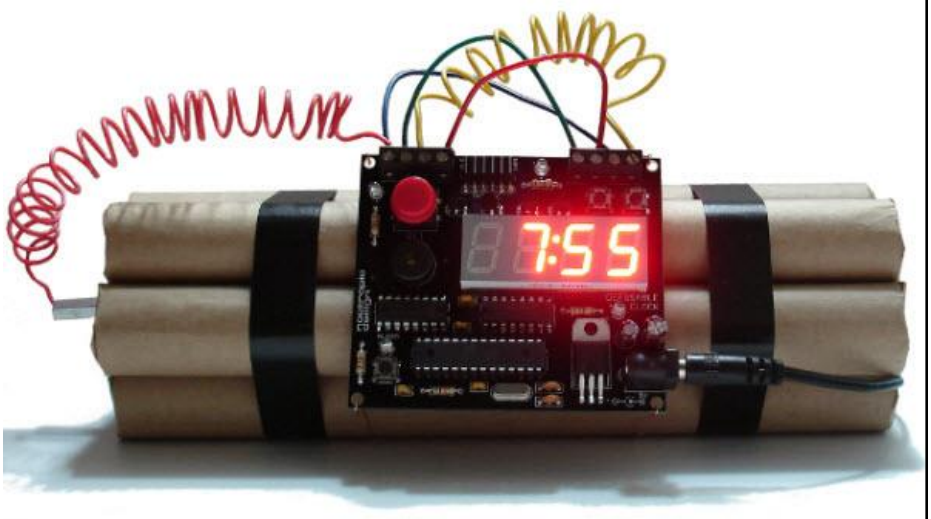
Which of the four E's are most important to you?

1. Energy
2. Enthusiasm
3. Engagement
4. Entertainment



How can we *increase* affection and *avoid* defection?

Set a TIMER



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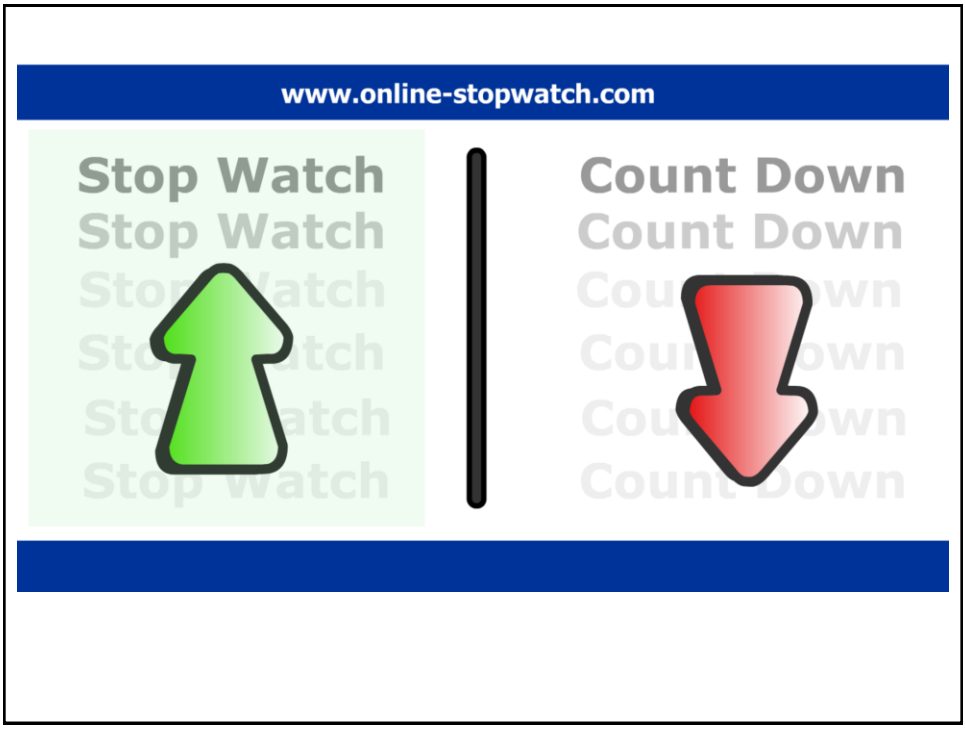
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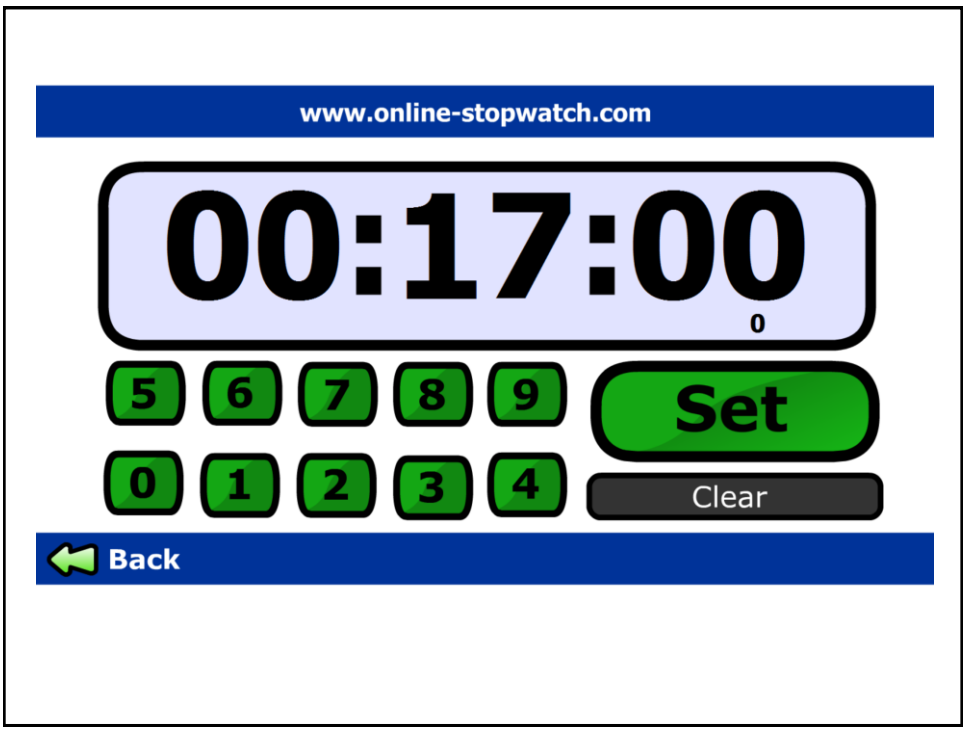
Stop Watch
Count Down

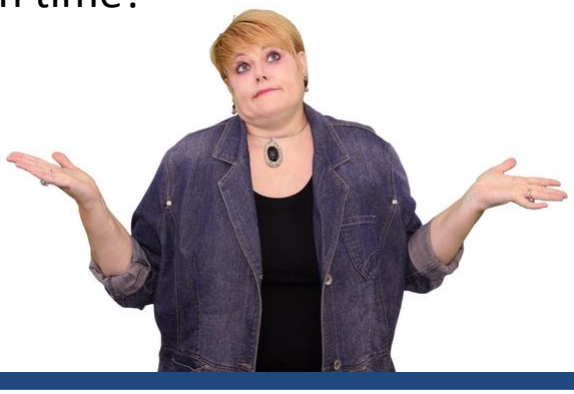

www.online-stopwatch.com
00:17:00
0
5
6
7
8
9
Set
0
1
2
3
4
Clear
Back

CLEAR
60
MIN
15
SNOOZE/LIGHT
HR
2:23
30
NAP/MIN
PM
Set ODD times

Make them
RESPONSIBLE

Chat Question

How could we reward participants who come back on time?



Dessert

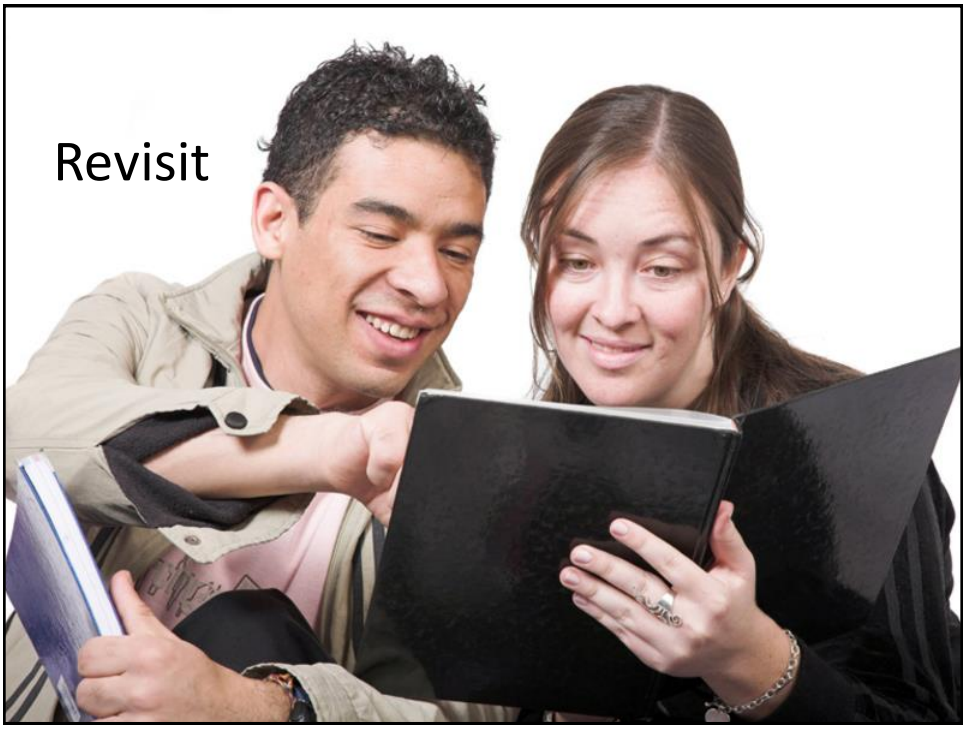
We need to put the CREAM on top!

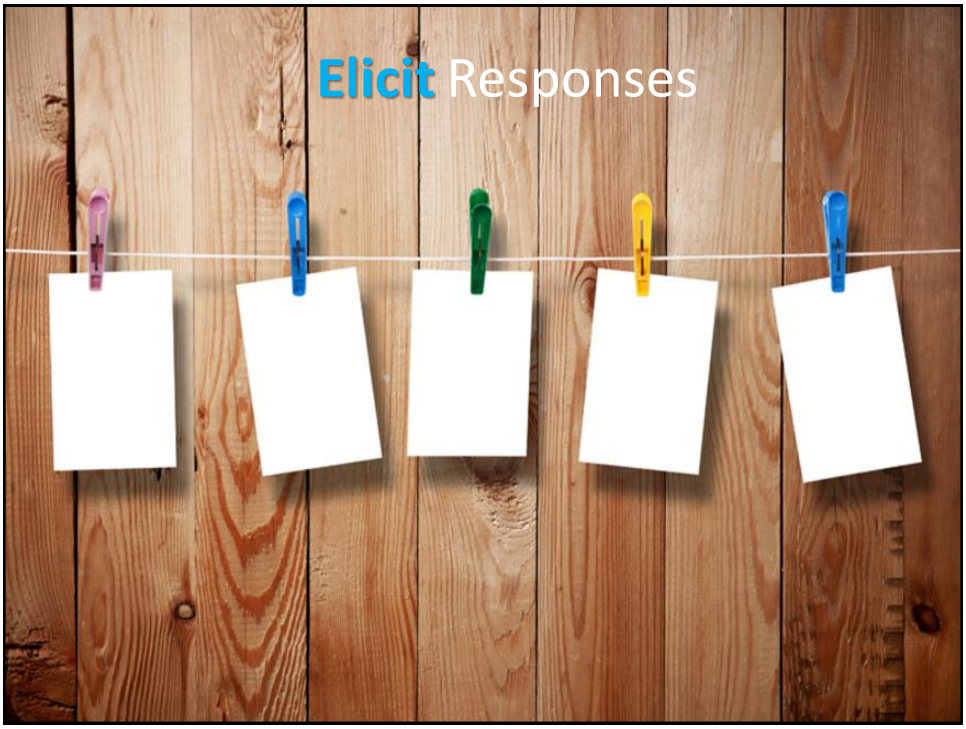
Celebrate

Chat Question

How could we celebrate?

Revisit




Elicit Responses

Action Plan

Gingerbread Man

Centerpiece

What's my flavor?

Choose or Lose

Poll

Which of these would you like to try first?

1. Gingerbread Man
2. Centerpiece
3. What's my flavour
4. Choose or Lose

Refreshments

Post card to a friend

Takeaway Tip

The Pressure Test

180° Review

Take 3 minutes (180 seconds) to look back on our session so far and highlight anything you could **ADAPT, ADOPT** or **APPLY** to your own training.

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